



# Travelling Classroom

Course Information | LAL Cape Town

# Travelling Classroom

## The Course

Learn English on a journey through South Africa. Explore the highlights of the Garden Route while being in the company of an English teacher for the entire duration of the tour, enabling a better understanding of English. The course is for Pre-intermediate (A2) + students, aged 16 years or older who want to enjoy the delights of South Africa while also having some English language lessons.

## Key Facts

- Lessons per week: 5 (each lesson is one hour)
- Lesson schedule: 1 per day (varied times)
- Class size (maximum): 8
- Course length: 5 days
- Starting dates: See price list
- Minimum number to run: 5



## Sample Timetable (B1+)

Travelling Classroom	Day 1	Day 2	Day 3	Day 4	Day 5
<b>Depart from - To</b>	Cape Town to Struisbaai to Sedgefield	Sedgefield to Oudtshoorn	Sedgefield to Jeffreys Bay	Jeffreys Bay to Sedgefield	Sedgefield to Cape Town
<b>Activity included</b>	Birkenhead Brewery (Beer or Chocolate tasting)	Adventure guided tour of Cango Caves	Walk through Tsitsikamma Forest	Addo Entrance & Game Drive with Cape to Addo guide & Knysna Heads	Aloe Factory / Canoeing & Hike
<b>Optional activities</b>	Treetop Obstacle Course & Zipline	Cango Endangered Wildlife Ranch, or Crocodile Cage Diving	Elephant Sanctuary or Monkeyland, or Bloukrans bungee jump and Bloukrans Bridge walking tour	Addo Game Drive in 4x4 vehicle	
<b>Accommodation</b>	Sedgefield	Sedgefield	Jeffreys Bay	Sedgefield	





## Day 1: Cape Town to Sedgefield via Hermanus

### Whale Route, Brewery, Farmlands, Beach time

Departing Cape Town at 07:00, our exciting journey begins today as we join the world famous whale route in Gordons Bay for a stunning drive along the picturesque R44 mountain pass overlooking False Bay to the vibrant coastal town of Hermanus.

After an opportunity to take some photographs and lunch on the seafront, we continue to Birkenhead Brewery to sample some fine beers OR enjoy a hot chocolate at the café (for students aged under 18 years old) before moving on to the famed Garden Route! We finish off the day with some beach time down at Myoli Beach.

<b>Included meals</b>	Breakfast, Dinner (lunch, including tips, will be taken en route and will be approximately ZAR 130 - 160 per day)
<b>Accommodation</b>	Backpacker dorm: Sedgefield
<b>Facilities</b>	Shared bathroom, free wifi, pool, entertainment areas
<b>Route</b>	Cape Town to Sedgefield: 500 km
<b>Travel time</b>	Approximately 6 hours
<b>Optional</b>	Treetop Obstacle Course & Zipline (Zar 270*) (seasonal - not in winter)
<b>Teaching</b>	1 hour

## Day 2: Oudtshoorn Day Trip

### Little Karoo, Cango Caves, Ostrich Farm, Wildlife Rehabilitation Ranch

We begin the day with a drive over the picturesque Outeniqua mountain range into the semi desert region of the Klein Karoo and Oudtshoorn. Known as the ostrich capital of the world, Oudtshoorn is situated in a beautiful valley between the Outeniqua and Swartberg Mountains, and offers the adventure enthusiast loads to choose from. The Cango Caves will be the first stop and we'll embark on a 1-hour guided tour of the cave system to view its caverns, and stalactite and stalagmite formations. If you enjoy spelunking/ exploring caves and don't mind squeezing through some smaller gaps then you are also welcome to take the 1.5 hour adventure tour!

Next is an option to go on a guided tour of the Cango Endangered Wildlife Ranch for an opportunity to pet cheetah or cage dive with crocodiles and view many rare and endangered animal species.

<b>Included meals</b>	Breakfast, Dinner (lunch, including tips, will be taken en route and will be approximately ZAR 130 - 160 per day)
<b>Accommodation</b>	Cape to Addo Backpacker dorm: Sedgefield
<b>Facilities</b>	Shared bathroom, free Wifi, pool, entertainment areas
<b>Route</b>	Sedgefield to Oudtshoorn day trip: 190 km
<b>Travel time</b>	Approximately 3 hours
<b>Included highlight</b>	Standard guided tour of Cango Caves
<b>Optional</b>	Cango Endangered Wildlife ranch (ZAR 180), or Cage dive with crocodiles (ZAR 370)
<b>Teaching time</b>	1 hour



## Day 3: Sedgefield – Jeffreys Bay

**Monkey Sanctuary, Elephant Sanctuary, Kloofing, Bloukrans Bungee & Tsitsikamma National Park**

This morning we drive through Knysna on our way to the Craggs where there are a number of optional activities to choose from, including the Elephant Sanctuary where you learn about and interact with orphaned elephants, or the Monkey Sanctuary where rescued monkeys roam free in a large jungle area.

You then have the opportunity to explore the Tsitsikamma National Park with a hike across the suspension bridge at Storms River Mouth. The National Park, declared in 1964, encompasses a marine reserve made up of 80km of coastline and offers magnificent scenery. About 30% of the park is covered in fynbos, scattered amongst the forest vegetation, boasting a wide variety of beautiful flowers, including proteas and heath and many species of sea birds can be seen.

In the afternoon we drive to the highest road bridge in Africa at Bloukrans Bridge. At a height of 216m this is also the site of the highest bungee jump in the world! For those wishing to take the leap, this is your opportunity! We then head to the famous surfing town of Jeffreys Bay where we stay at a backpackers' hostel directly on the beach.

<b>Included meals</b>	Breakfast, Dinner (lunch, including tips, will be taken en route and will be approximately ZAR 130 - 160 per day)
<b>Accommodation</b>	Backpacker dorm; Island Vibe Backpackers Jeffreys Bay
<b>Facilities</b>	Shared bathroom, bar, restaurant, free wireless internet
<b>Route</b>	Sedgefield to Jeffreys Bay
<b>Travel time</b>	Approximately 3 hours
<b>Included highlight</b>	Tsitsikamma Forest
<b>Optional</b>	Elephant Sanctuary (am) (ZAR 710) or Monkeyland (am) (ZAR 260) or Bloukrans bungee jump (216m) (ZAR 1090) and Bloukrans Bridge walking tour (pm) (ZAR 170*) (there is no obligation to do the bungee jump)
<b>Teaching time</b>	1 hour



## Day 4: Jeffreys Bay – Addo National Park – Sedgefield

### Game Drive (Addo), Surfing, Shopping Time (Jeffreys Bay)

Up early this morning, we begin our Addo Park Safari along a network of winding roads, stopping regularly for photographs and information on the animals we encounter along the way. Proclaimed a National Park in 1931, this malaria free, 145 000 hectare park extends all the way down to the Indian Ocean and is home to the densest African Elephant population on earth, totalling over 500 elephants. On our game drive we'll also disembark from our vehicle at the main lookout point for a spectacular view over the evergreen wilderness that is Addo. We then take a relaxed drive back towards Sedgefield for the night. If there is time available we will visit the famous Knysna Heads for some absolutely amazing pictures where the ocean meets the inlet to the Knysna Lagoon.

<b>Included meals</b>	Breakfast, Dinner (lunch, including tips, will be taken en route and will be approximately ZAR 130 - 160 per day)
<b>Accommodation</b>	Backpacker dorm: Cape to Addo house Sedgefield
<b>Facilities</b>	Shared bathroom, free wifi, pool, entertainment areas
<b>Route</b>	Jeffreys Bay – Addo National Park – Sedgefield: 470 km
<b>Travel time</b>	Approximately 6 hours
<b>Included highlight</b>	Addo Entrance & Game Drive with Cape to Addo guide & Knysna Heads
<b>Optional</b>	Addo Game Drive in 4x4 vehicle
<b>Teaching time</b>	1 hour

## Day 5: Sedgefield to Cape Town

### Canoe and Hike

After breakfast, we begin a beautiful canoe trip along one of the many tranquil rivers in the area, followed by a short hike to a stunning waterfall.

We then visit an Aloe factory in Albertinia and enjoy a wonderful scenic drive via Swellendam and Sir Lowry's Pass.

We arrive in Cape Town late Friday afternoon/early evening.

<b>Included</b>	Breakfast (lunch, including tips, will be taken en route and will be approximately ZAR 130 - 160 per day)
<b>Route</b>	Sedgefield – Cape Town: 450 km
<b>Travel time</b>	Approximately 5 hours
<b>Included highlight</b>	Aloe Factory / Canoeing & Hike
<b>Teaching time</b>	1 hour