

A smiling woman with long dark hair, wearing a striped shirt, is leaning over a desk and interacting with two young boys. The boys are sitting at the desk, looking at a book. In the background, other children are visible, and the wall is decorated with small bicycle cutouts. The scene is set in a bright, sunny classroom.

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CAPE TOWN

A yellow square with an orange triangle pointing to the right.

Volunteer in Cape Town

Cape Town is a city full of energy, diversity, and community spirit. Across the region, local schools, childcare centres, social welfare organisations, animal rescue facilities, and surf-based youth programmes all rely on volunteers to help support their vital work.



Childcare: Kindergarten & Crèche Placements

Support Early Childhood Development

Volunteer activities may include:

- Feeding, playing, and engaging with children
- Assisting with meal preparation and classroom support
- Creating educational toys and materials
- Supporting fundraising or community initiatives

Requirements:

- Minimum age: 18
- Minimum stay: 2 weeks
- Basic spoken English
- Copy of passport
- Police clearance certificate



Primary School Education Placements

Empower Young Learners in Under-Resourced Schools

Volunteer activities may include:

- Assisting teachers working with children aged 6 to 13
- Supporting struggling learners
- Leading lessons where appropriate
- Contributing skills in music, art, or sport

Requirements:

- Minimum age: 18
- Minimum stay: 2 weeks
- Basic spoken English
- Copy of passport
- Police clearance certificate



Primary School Sports & Physical Education

Bring Energy and Movement to the Classroom

Volunteer activities may include:

- Planning and leading PE sessions
- Supporting sports day training
- Assisting in classrooms during non-sport hours
- Helping with school events or fundraising

Requirements:

- Minimum age: 18
- Minimum stay: 2 weeks
- Basic spoken English
- Copy of passport
- Police clearance certificate



Social Welfare Placements

Support Vulnerable Communities with
Compassion and Care

Volunteer activities may include:

- Assisting with feeding, clothing, and playtime
- Supporting after-school activities and homework
- Helping with meal preparation and cleaning
- Accompanying children on outings
- Assisting with transport and fundraising

Requirements:

- Minimum age: 18
- Minimum stay: 4–6 weeks
- Basic spoken English
- Copy of passport
- Police clearance certificate
- CV and motivational letter
- Relevant study or experience preferred



Animal Rescue & Rehabilitation

Give Hope to Abandoned and Vulnerable Animals

Volunteer activities may include:

- Feeding and socialising domestic animals
- Assisting with rehabilitation
- Cleaning kennels and enclosures
- Walking dogs
- Supporting fundraising efforts

Requirements:

- Minimum age: 18
- Minimum stay: 2 weeks
- Basic spoken English
- Copy of passport
- Police clearance certificate
- Proof of Rabies and Tetanus vaccinations



Surf & Teach Programme

Combine Volunteering with Surfing in Cape Town

Ideal for childcare or primary school placements with shorter daytime hours.

Volunteers spend their mornings at their chosen placement and on two afternoons each week, they head to the beach for a 2-hour surf lesson with a qualified instructor.

Programme includes:

- Two surf lessons per week
- Transport to and from the beach
- Surfboard and wetsuit hire
- Qualified instruction certificate